As I gained fluency and understanding of the principles of Omega, I began to look beyond Omega to every book and seminar I could experience to help deepen my understanding of the subconscious and the power of our intentional thoughts. Many roads would eventually lead to one author: Dr. Joseph Murphy.

In 2005, a colleague of mine, Tom Popa, came into my office and handed me a book that he thought I would enjoy. The book was *The Power of Your Subconscious Mind* by Dr. Joseph Murphy. I thought, “Oh, my God! Could this be the same Joseph Murphy that John Boyle had studied with?” In fact, it was.

As I read the book, word by word I realized that the content of the Omega Seminar had come largely from this book, and John Boyle’s brilliance was in the construction of the four-day format that enabled the participants to really “get it” and emerge with a tool kit that enabled them to bring about whatever changes in their lives they desired.

As stated earlier in this introduction, Dr. Joseph Murphy was truly one of “the great early pioneers in the area of self image psychology.” Since his book was first written in 1963, there has been much more added through research to this exciting field of study. Also, the world in which we live today is considerably different than it was nearly 50 years ago.

My first thoughts were to revise and edit Dr. Murphy’s original text and simply add the words “Newly Revised and Edited” following the title, *The Power of Your Subconscious Mind*. But, as I proceeded with my research and editing, I found more and more contemporary data that truly enabled me to provide the 21st Century edition of Dr. Murphy’s original work; thus the updated title, *Beyond the Power of Your Subconscious Mind*.

What I have attempted to do in this revised edition of Dr. Murphy’s original book is provide the reader with new research and findings in this field. I have also added many “how-to” tools that were not included in his original text.

So that the reader can easily distinguish between the text originally written by Dr. Murphy and text added by me, I have used his original serif type for the words written by Dr. Murphy and sans serif for those words written by me.

It is hoped that this revised edition can become a real life-changer for many, as the teachings in the book are not taught in most of our schools or universities.

As is written in Jane Roberts’ brilliant book, *Seth Speaks*: